



**KEW PARK
RANGERS**

Club Member's Guide

Objectives

The objectives of Kew Park Rangers teaching Mini Soccer are as follows:

- 1 To make it enjoyable.
- 2 To introduce children to the world of sport by understanding the purpose of football and
 - playing in a team
 - playing to rules
 - playing to win
- 3 To capture children's imagination
- 4 To give children the opportunity to develop a sporting interest that lasts a lifetime.
- 5 To give children an appreciation of football skills.
- 6 To encourage fair competition and become informed spectators.
- 7 To develop self esteem as a result of acquiring skills, playing, observing and understanding rules.
- 8 To prepare children for adult activities – this will increase and sustain their interest in football in later life.

Training and Playing Season

The Club is based at North Sheen Rec. in North Road, Kew.

The training season consists of 2 terms. Start time and duration of training session to be confirmed at the beginning of each new season.

Winter

September till December

Spring

January till March

The Club's playing season follows the Fixtures and Rules as set out by West Surrey Youth League (WSYL) and Surrey County Girls League (SCGL).

2 Training will continue beyond March, for

teams still playing League and Cup fixtures and Tournaments.

Membership Fees and Subs

- a. Fees are paid at the beginning of the season.
- b. If the fee/subscription is not included with the application form, or by the end of September for current players, then the application will be deemed to be void.
- c. Children of all age groups who wish to join must sign and abide by the code of conduct set out in the application form, at the beginning of each new training season.
- d. Where a child qualifies for free school lunches the fees/subscription will be waived.

Qualification of players for membership

Girls and boys aged from 5 years, of all abilities.

No player may play for another Club once registered with Kew Park Rangers to play in the WSYL and SCGL.

Coaching Structure

Minis Boys and Girls

Under 5/6

Train on Saturdays only throughout the season

Mini Soccer Boys

Under 7 to Under 10.

Train on Saturdays throughout the season and play matches on Sundays in the West Surrey Youth League.

Mini Soccer Girls

Under 7 to Under 10.

Train on Saturdays throughout the

season and play matches on Sundays in the Surrey County Girls League.

Junior Boys

Under 11 to under 17.

Train on Saturdays throughout the season and play matches on Sundays in the West Surrey Youth League.

Junior Girls

Under 11 to Under 17.

Train on a Saturday throughout the season and play matches on Sundays in the Surrey County Girls League.

Sevens – Mini Soccer Rules

The rules of Kew Park Rangers Mini Soccer follow the guidelines and rules as set out by the WSYL and SCGL.

1 Age of Players - As set out in the WSYL and SCGL Handbooks.

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a. Pitch size: Pitch size will be as laid down in the FA guidelines. The pitch length for Under 7s and Under 8s will be between 30 and 50 yards, and the width 20 to 30 yards, for Under 9s and Under 10s the pitch will be between 50 and 60 yards in length and 30 to 40 yards wide.

b. The penalty area: The penalty area will be 10 yards long by 18 yards wide. The penalty mark will be 8 yards from the centre of the goal line.

c. Spectator Line: Kew Park Rangers and the league encourage the use of a spectator line down both lengths of the pitch. The line should be two yards away from the line marking the field of play.

3 Goal sizes: The goal size will be 4 yards by 2 yards and must be securely anchored to the ground and made of substance approved by the FA.

4 Duration of Play:

Games will be of two equal halves.

Under 7s 15 mins each way

Under 8s 20 mins each way

Under 9s/10s 25 mins each way

5 Number of players: Each team shall consist of a minimum of 6 players and a maximum of 10 players, of whom seven players can be on the field of play at any one time. Substitutes are allowed on a "rolling" basis – with the permission of the referee during break in play. The substitutes need not be named and may return after earlier being substituted.

6 Offside: There will be no offside in Mini soccer.

7 Goalkeepers: Goalkeepers may handle the ball anywhere in the penalty area. The back pass law will also apply to these age groups.

8 Free Kicks and Penalties: All free kicks are direct in Mini Soccer. Offences committed in the defending players' area will be penalised by a penalty kick except for technical offences by the goalkeeper i.e. handling of the ball when thrown in or kicked deliberately to her/him by a colleague, or the goalkeeper touching the ball a second time before another player has played it. For these offences a direct free kick is awarded on the edge of the penalty area at the nearest point to where the offence occurred.

9 Corner Kicks: The opposition will be a minimum of 5 yards from the ball.

10 Goal Kicks: They are taken from anywhere within the penalty area and the opponents shall be a minimum of 5 yards away from the ball.

11 Other playing rules: Football Association rules apply unless otherwise stated.

12 Referees and Linesman: The home Club shall provide a capable, fair and experienced person to referee the match. Where the League does appoint a referee then he/she will be paid a fee.

13 Match Results: The home team representative will phone the result of the fixture on the day of the match to the result line before 7pm. Failure to phone will result in the club receiving a fine of £5 for the first offence and £20 for subsequent offences.

14 Confirmation of fixture details: The home team is to notify opponents 5 days before the fixture, giving details of ground location, kick off times and team colours. In the event of a clash of colours the away team is to change unless by mutual consent special arrangements can be made.

15 Football size: For Under 7s and 8s where possible size 3 footballs should be used. For other age groups a size 4 ball is the norm.

Code of Conduct Policy

All Club Members, coaches/managers, parents/guardians and children have a responsibility to ensure that this Code of Conduct Policy is implemented.

- 1 What can children expect from adults and coaches.
 - Help, encouragement and support.
 - Not to be embarrassed by the adults watching them.
- 2 Children can expect that adults do not:
 - Attempt to 'coach' or 'manipulate' the players while they are playing.
 - Use any jargon or dictate tactics.
 - Argue, swear, become violent or use sarcasm.
 - Shout aggressively.
 - Ignore children who need help.
 - Assess players by their mistakes.
 - Put the players under pressure to perform/win.
- 3 Children can also expect adults and coaches to:
 - Look for aspects to praise, particularly in players who might not otherwise get attention.
 - Praise good behaviour quickly to show that adults value it.
 - Praise effort and performance more than results.
 - Assess players' skills and attitude.
 - Emphasise playing first and winning second.
 - Display patience.
 - Give children a clear idea of the behaviour expected.
 - Give them examples of excellent behaviour.
 - Show consistency.
 - Help them understand the rules.

- **All parents and spectators are expected to behave at all times in a manner that will not bring Kew Park Rangers into disrepute for violent conduct of any sort.**

Remember.

- a. That children are often easily led, anxious to please and prone to over enthusiasm and so plenty of praise and positive reinforcement is needed – especially with beginners.
- b. Children find it hard to understand negative instructions and easier to understand positive reinforcement.

This means playing down results and playing up performance.

This reduces the child’s anxiety and decreases their worry about failing.

- c. Remember that children do not mean to make mistakes; we should accept mistakes as a necessary learning.
- d. Make sure the players play by the rules. The majority of children at these ages will not knowingly cheat.
- e. Work with the other adults not against them, and by so doing reinforce positive attitudes among the children.

How children should behave towards their teammates.

- Encourage each other.
- Support each other.
- Help each other.
- Look after each other.
- Play for the team and work hard for each other.
- Display patience.
- Involve teammates.
- Win or lose show good sportsmanship and shake hands with the opposing team, officials

and teammates.

- Always be on time for training or a match.
- Always have the appropriate football kit.
- Have fun.

What children can expect their teammates not to do.

- Not to blame them for mistakes.
- Not to shout at them.
- Not to swear at them.
- Not to push/hit them.
- Not to call them silly names.
- Not to make racist comments.
- Not to bully them.

Children should behave in the same way towards their teammates and friends whether on the football pitch or at school.

The Football Coaches responsibility

1 Coaches must respect the rights, dignity and worth of each and every person and treat each equally within the context of the sport.

2 Coaches must place the well-being and safety of each player above all other considerations, including the development of performance.

3 Coaches must adhere to all guidelines laid down by the FA Coaches Association and the rules of the FA.

4 Coaches must develop an appropriate working relationship with each player based on mutual trust and respect.

5 Coaches must not exert undue influence to obtain personal benefit or reward.

6 Coaches must encourage and guide players to accept responsibility for their own behaviour and performance.

7 Coaches must ensure that the activities they direct or advocate are appropriate for the age, maturity, experience and ability of players.

8 Coaches should, at the outset, clarify with the player (and where appropriate, their parents) exactly what is expected of them and also what they are entitled to expect from their coach.

9 Coaches must co-operate fully with other specialists (e.g. other coaches, officials, sports scientists, doctors, physio-therapists) in the best interest of the player.

10 Coaches must always promote the positive aspects of the sport (e.g. fair play) and never condone violations of the laws of the game.

Behaviour contrary to the spirit of the laws of the game, or relevant rules and regulations, or the use of prohibited substances or techniques will not be tolerated.

11 Coaches must consistently display high standards of behaviour and appearance.

12 Team Officials and Spectators:

The team officials will be held responsible for the behaviour of players, supporters and any other persons involved with the fixture. Any disputes or complaint will be forwarded to the League Secretary as per West Surrey Youth League rule 16.

Health and Safety Policy

All club members, coaches/managers, parents/guardians and children have a responsibility to ensure that this health and safety assessment is implemented.

All team coaches/managers should ensure that:

- 1** Children under their care wear the correct clothing for training and matches (in all weather conditions).
- 2** Children wear the correct footwear i.e. football boots.
- 3** Children wear the correct safety wear i.e. shin pads.
- 4** Children bring with them water to drink for re-hydration.

All team coaches/managers should:

- 5** Check the training and playing areas before starting training for any objects that may cause harm or illness.
- 6** Have a fully equipped first aid kit.
- 7** Have a first aider present.
- 8** Ensure children do not train or play in matches whilst already injured.
- 9** Ensure all children have gone through the correct warm up exercises.
- 10** Ensure all children have gone through the correct warm down exercises.
- 11** Ensure that all children under their control have been picked up after training/matches by the appropriate person.
- 12** Should be responsible for the behaviour of their players, spectators and supporters.
- 13** Ensure that when travelling to away matches with a child or children or young people that there is always another adult travelling with them.
- 14** Ensure that when a child or children or young person is/are changing that there is always another adult in the

changing room with them.

- 15** Not be left alone with a child or children or young person and should ensure that there is always another adult present.

All parents/guardian and children should make sure:

- 16** That the child under their care wears the correct clothing for football training and matches (In all weather conditions).
- 18** That the child wears the correct footwear i.e. football boots.
- 19** That the child wears the correct safety wear i.e. shin pads.
- 20** That the child brings water with them to drink, for re-hydration.
- 21** That the child is delivered to and picked up after training/matches by the appropriate person and at the right time.

Parents should deliver their children to, and collect them from, the coaches on time. They should not leave them or meet them at the gates.

It is very important that the youngest children feel secure and enjoy their introduction to football.

All parents/guardians of children 5 to 6 years should:

Should stay with their children for the first season.

Please remember

Children arriving for training or matches without the correct football kit may not be allowed to train or play

Child protection policy

Every child and young person who plays football should be able to participate in an enjoyable and safe environment and be protected from abuse. This is the responsibility of every adult involved.

Kew Park Rangers and its governing body recognise its responsibility to safeguard the welfare of all children and young people by protecting them from physical, sexual or emotional harm from neglect or bullying.

As a club Kew Park Rangers FC follow the rules/guidelines set out by the FA Child Protection Policy.

If you are interested or would like to know more about the FA Child Protection Policy, please ask the Kew Park Rangers Child Protection Officer for more details.

Nettie Glasser: 020 7372 7821
Sally Woodward Gentle 020 8940 6648

Volunteers

If you are prepared to assist in some capacity e.g. coaching, refereeing, catering, transporting, cheering or being nice to the opposition, please inform your age group manager/coach.

Boys contact:

JF Burford 020 8876 9020
Rob Sheldon 020 8940 9882
Toby Seth 020 8876 3375

Girls contact:

Sally Woodward Gentle
020 8940 6648
Arjun Le Hunte 020 8876 9525

Please note: Neither KPR Football Club, its Officers, Committee, Coaches, Representatives, Servants, Agents or Members shall be liable for any loss, or damage to any property occurring from whatever cause in or about the Club premises, nor for any accident or injuries howsoever caused to any member/Player during the course of training, pre-match preparation and matches played by KPR Football Club players or guests thereof, or otherwise. Save to the extent imposed by statute.

Kew Park Rangers

Buy a brick and build a secure foundation for football in Kew

Kew Park Rangers Football Club was formed in 1999 by local parents and has grown from teaching a handful of children to training hundreds of boys and girls from the local and surrounding community.

The Club has applied for a grant to help build a club house. This facility would also benefit and serve the local community, local primary schools and local organisations.

To raise money the club are selling bricks - Red, Silver and Gold. These bricks will represent the development of the building and can be bought in 3 easy ways.

Red Brick (Junior Brick) £10

Silver Brick (Family Brick) £100

Gold Brick (Family/Corporate Brick) £250

All individuals, families and companies who buy a brick will have their names inscribed on a corresponding coloured brick styled plaque, which will be embedded into the inside of the building to be seen by all who enter.

And of course all sponsors will be invited to the grand opening of the Club House.

Buying a brick could not be easier, simply call Toby Seth on 020 8876 3375 for more details.

We thank you for the support that you can give us.